

Parks +Trails ADVENTURE GUIDE

AVID FIT STATIONS™

- ⚠ Band Together
- Up & Over
- B Hammock Garden
- **Quick & Nimble** (2)
- Push-Pull Pavilion (2)
 - PushUp Circle
- Slow & Steady
- Bar Graph Boxes
- Sculpt Station

AVID TRAILS™

- Dual Surface
- Single Surface
- Proposed Trails

Canopy Trail - 0.75 mi.

Sunshade Loop - 0.3 mi.

Bootcamp Loop Trail - 0.8 mi.

Twist n' Trail - 0.7 mi.

Tower Trail - 1.2 mi.

Bexley Club to SR 54 - 1.75 mi.

PARKS







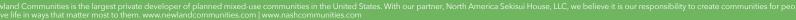




















PARKS

With a planned 10+ mile, multi-modal trail system, you can run, ride, or stroll to your favorite park.

Game On Park

Take in a game of foosball or get your ping pong on.

Gimme 10

Gimme 10 park is the perfect place to run, bike, or walk.

The BarkYard

It's a dog's life at the BarkYard, with fun for large and small breeds.

Yellow Brick Park

Follow the path and kick back in relaxing Adirondack chairs along the lake.

Mud, Sweat, and Gears

Score goals on the soccer field or ride skill loops on the BMX pump track.

Avidtrails

Another thing that sets our community apart? Our partnership with fitness pioneer Avid Trails.™

The designer of our multi-surface trail system and inventive workout stations, Avid Trails,™ believes in getting fit while getting back in touch with nature.

Trail Types

Dual Surface Single Surface S

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Trails

Twist n' Trail - 0.7 mi. Tower Trail - 1.2 mi.

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AvidFitness

Rev your heart, tighten those muscles, and stay fit all within our community with custom Avid Fit Stations.™

Band Together

Resistance bands help increase strength, balance, and definition.

Push-Pull Pavilion

Push, pull, and dip your way to peak fitness.

Sculpt Station

Step, pull, push, jump, dip, and crunch for a full-body workout.

Quick & Nimble

Improve your quickness and agility with endless footwork drills.

Bar Graph Boxes

Box jumps help streng then your quads, calves, and hamstrings.

Hammock Garden

Put your feet up and cool off under the canopies of mature native trees.

Slow & Steady

Plank, lunge, and balance your way to a fitter you.

Up & Over

Inspired by military drills, this ladder challenges you to pull your way up.

PushUp Circle

Push-ups made fun with lots of options that strengthen the upper body.